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COMMUNITY VOICE

DAY 1

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Palestine Call to Action

Maryam Al Sulaiti
Qatar Academy Doha

What is the Israel and Palestine conflict? In early October 2023, war broke out between Israel and Hamas, the militant Islamist group that has controlled Gaza since 2006. Hamas fighters fired rockets into Israel and stormed southern Israeli cities and towns across the border of the Gaza strip, killing and injuring hundreds of soldiers and civilians and taking dozens of hostages. The attack took Israel by surprise, though the state quickly mounted a deadly retaliatory operation. One day after the October 7 attack, the Israeli cabinet formally declared war against Hamas, followed by a directive from the defense minister to the Israeli Defense Forces (IDF) to carry out a “complete siege” of Gaza. Since then, the two sides have traded daily rocket fire, and Israel ordered more than one million Palestinian civilians in northern Gaza to evacuate ahead of a possible ground assault. Meanwhile, Gaza is running out of water, fuel, and supplies amid an Israeli aid blockade, and the conflict risks spreading as cross-border strikes escalate in Lebanon and Syria. In the past three weeks, nearly 9000 Palestinians have been killed amid fighting between Israel and Hamas. While keeping track of the numbers of dead and wounded may seem like a particularly arduous task amid the



latest bombardment, which has seen thousands of buildings destroyed and more than 1 million of Gaza's 2.2 million people displaced, there is a process by which Palestinians track their casualties. “After every war, a list is issued with names, gender, age, and ID number—and that happens for a reason, because you need to issue official death certificates,” says Nour Odeh, a Ramallah-based political analyst and former

journalist, noting that this process enables families to deal with issues such as inheritance and custody of children whose parents have died. “This is not done by political figures; this compilation is done by health professionals... There is a very concerted effort to do that in Palestine and, unfortunately, there's a lot of practice.” The Israel-Palestine conflict has a long and deeply rooted history, marked by territorial disputes, violence, and ongoing

tensions. The recent outbreak of hostilities in October 2023, leading to significant casualties on both sides, serves as a tragic reminder of the urgent need for a peaceful resolution. It is essential to remember that amid the numbers and statistics, real people with families and aspirations are affected. The question that lingers is how the international community can come together to help bring about a sustainable peace in the region, ensuring

that the people of both Israel and Palestine can live in safety, prosperity, and with the dignity they deserve. The situation is dire, and it calls for concerted efforts, diplomacy, and a commitment to a just and lasting solution. As the world watches the conflict unfold, the hope remains that one day, there will be peace in the land that has seen so much pain and strife.

The Power and Potential of Protests

Mayasa Al Emadi
Qatar Academy Doha

Protests have been a defining feature of human history, serving as vehicles for expressing dissent, advocating for rights, and pushing for social and political change. From the Civil Rights Movement in the United States to the Arab Spring in the Middle East, protests have played a central role in shaping the world we live in. But how effective are protests in achieving their goals, and what factors contribute to their success or failure? This article delves into the power and potential of protests as catalysts for societal transformation.

The Varied Landscape of Protests:

Protests come in various forms, ranging from peaceful marches and sit-ins to violent uprisings and online activism. The



effectiveness of a protest often depends on the nature of the protest itself. Peaceful demonstrations tend to garner greater public sympathy and media attention, while violent protests may provoke a harsh response and diminish public support. Online activism, facilitated by social media, can mobilize large

numbers of people but may lack the tangible impact of real-world protests.

Factors Influencing Effectiveness:

Several factors can significantly influence the effectiveness of protests: **Clarity of Goals:** Protests with clear and attainable objectives are more likely to succeed. When goals

are well-defined, it is easier to measure success and garner public support. **Public Support:** The level of public support or sympathy for the cause can exert political pressure on authorities to address protesters' concerns.

Timing and Context:

Protests that coincide with significant events or respond to specific incidents often have a more significant impact. The broader social and political context can also shape the protest's reception.

Government Response:

The reaction of authorities to a protest can bolster or undermine its effectiveness.

A heavy-handed response can generate sympathy for the protesters and increase public outrage. **Media Coverage:** Protests that receive extensive media coverage have a greater reach and are more likely to influence public opinion.

Long-Term Commitment:

Some protests aim for enduring societal or policy

changes, which may take time to achieve. Their effectiveness may not be immediately apparent but can be substantial over time.

To illustrate the varying effectiveness of protests, this article examines historical and contemporary case studies. It delves into the Civil Rights Movement in the 1960s, where nonviolent protests led to significant legal and social changes.

It contrasts this with the Arab Spring, where protests sparked a wave of political upheaval but had mixed results in different countries. The article also considers the recent global climate change protests led by youth activists like Greta Thunberg, which have raised awareness but are still working toward concrete policy changes.

Omar Hamdan
Qatar Academy Doha

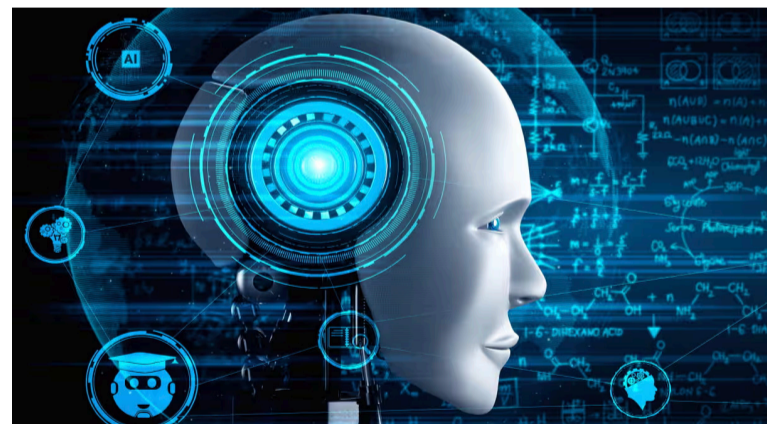
We live in an age of technology, an age where information is as crucial as the water we drink and the air we breathe. No work of man encompasses that more than artificial intelligence, its ability to learn from itself. Many human inventions showcase to the world the limits of human creativity, we visualise the thinking process of the creator as they add improvements piece by piece. With AI, the middleman is eliminated. Constant improvement. Unparalleled in its efficiency. We have AI put Earth's greatest thinkers to shame, humbled and brought back to Earth by its ruthless ability to advance all of human knowledge. It has replicated what no man or woman was able to do and that is to put all the world's knowledge sources to shame, aside from basic bodily functions its main role is to learn from us despite being so much more advanced.

So where does that leave us, its inventors, and harbingers of its upcoming wrath, As Artificial intelligence burrows itself into everyday society many especially those of the working class are asking around about their place in society as this new dominating force has entered the field. With high unemployment chances increasing and a possibility of people becoming second class citizens to a collection of algorithms and code this is an issue of the utmost importance that must be addressed. Every day we continue to ignore the very real possibility and danger is a day closer to extinction by ignorance. AI has intercepted its way into our lives by allowing us to sink into dependency on it. As you read this it was possible to use AI to write this as that would be something it could replicate in seconds. And it is that human touch, that human voice that

worries the people of today and tomorrow; what set us apart as a species in terms of empathy is now able to be used by machines to be used to their advantage. Customer service, retail, and even chauffeuring can all in time be AI dominated fields. The incredible mixture of an infinite knowledge base coupled with human emotion and logical decision making is what sent AI's fame through the atmosphere and set it on this course of stardom.

Even Elon Musk, a man renowned for his work on AI and technology in general was found to have said: "The pace of progress in artificial intelligence (I'm not referring to narrow AI) is incredibly fast. Unless you have direct exposure to groups like Deepmind, you have no idea how fast—it is growing at a pace close to exponential. The risk of something seriously dangerous happening is in

The Rise of AI



the five-year time frame. 10 years at most." This should serve as a wakeup call to us and how this apocalypse we envision may not be a matter of if but a matter of when. The rise of AI is inevitable.

A Holistic Approach to Health and Wellness

Maryam Al Sulaiti
Qatar Academy Doha

In a fast-paced world filled with daily challenges and responsibilities, maintaining a healthy and balanced lifestyle often takes a back seat. Yet, the importance of health and wellness cannot be overstated. It's the foundation for a fulfilling and prosperous life. In this article, we will explore the significance of health and wellness and offer practical tips to help you achieve a more balanced and vibrant life.

Health and wellness are intertwined elements that encompass physical, mental, and emotional well-being. When these areas are nurtured and prioritized, they become the building blocks for a robust and satisfying life. Let's explore why health and wellness are fundamental to our overall well-being:

Improved Physical Health: Physical health is the foundation of a well-rounded life. It not only reduces the risk of chronic illnesses but also enhances longevity, ensuring that your body functions at its best.

Enhanced Mental Health: Mental health is just as vital as physical health. A

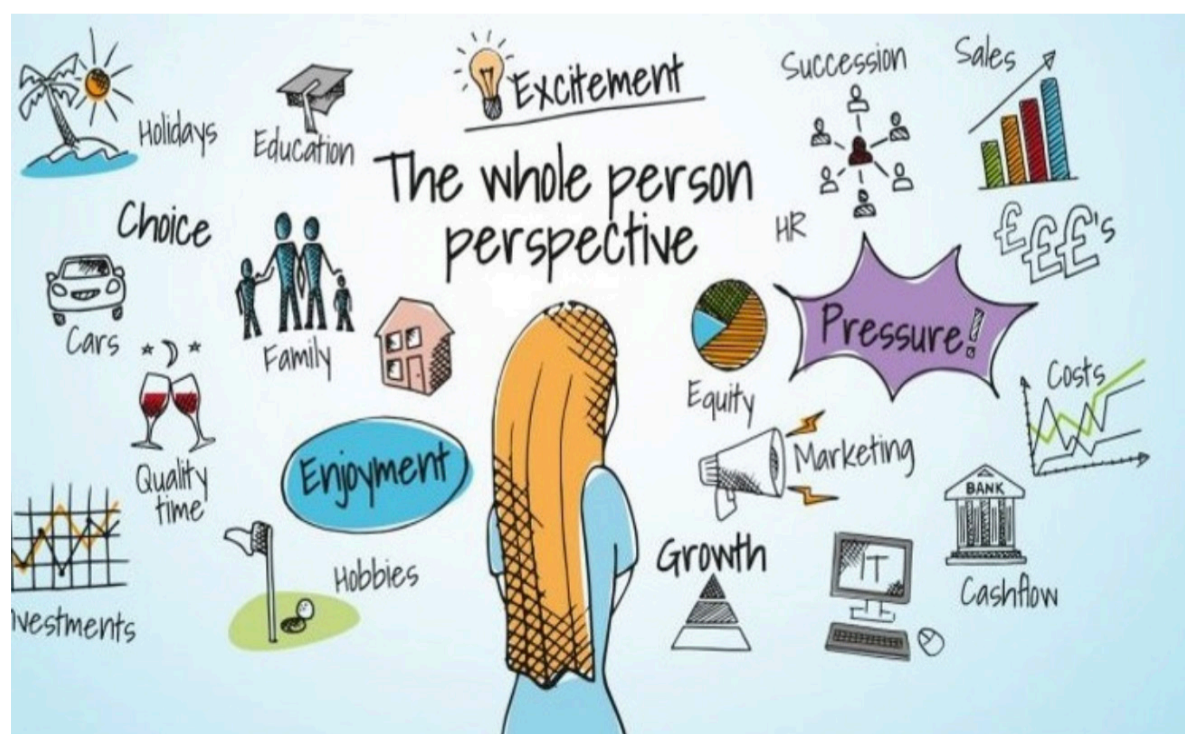
sound mind is the keystone of effective decision-making, problem-solving, and emotional stability.

Increased Energy Levels: A healthy lifestyle equates to higher energy levels, allowing you to be more productive and engaged in your day-to-day activities.

Emotional Resilience: Practices such as mindfulness and stress management contribute to emotional resilience, empowering you to navigate life's ups and downs with poise and grace.

Improved Relationships: A physically and mentally healthy individual is more likely to build and nurture positive relationships with others, fostering an overall sense of well-being.

In conclusion, the pursuit of health and wellness is not a luxury but a fundamental necessity in our lives. It provides the foundation for a fulfilling and prosperous existence. By prioritizing physical, mental, and emotional well-being, we can unlock a range of benefits that extend to all aspects of our lives.



SpaceX's Starlinks Role in Gaza

Elon Musk and how he uses his power within global conflicts such as the Russia and Ukraine and the Israel Palestine conflict.

Mayasa Al Emadi
Qatar Academy Doha



In a surprising announcement on a Saturday, Elon Musk, the CEO of SpaceX, revealed that the company's Starlink satellite internet service will support communication links in Gaza, particularly with "internationally recognized aid organizations." However, this move has not been without controversy, with Israel's communication minister, Shlomo Karhi, expressing strong opposition and concerns regarding the potential use of the service by the Palestinian militant group Hamas. This development comes against the backdrop of an ongoing conflict that has plunged the Gaza Strip into a state of crisis. Musk's statement on the matter, made on the social media platform X, highlighted the uncertainty surrounding the authority responsible for ground communication links in Gaza. He noted that as of the time of his announcement, "no terminal has requested a connection in that area." This raises questions about the practical implementation and management of Starlink connections in a conflict-ridden region like Gaza. **Timing of the Announcement:** The context of Musk's announcement is essential for understanding its significance. At the time of Musk's statement, Gaza was experiencing a telephone and internet blackout. The blackout isolated the people of Gaza from the rest of the world and from each other. It made it nearly impossible for residents to contact their loved ones, request ambulances, or communicate with colleagues elsewhere. This blackout coincided with an escalation of hostilities as Israel widened its air and ground assault in the region.

The Impact on Humanitarian Efforts

International humanitarian organizations quickly raised concerns about the blackout, which began the night before Musk's announcement. They argued that it was exacerbating an already dire situation by impeding life-saving operations and preventing contact with their staff on the ground. Reliable communication is essential for coordinating relief efforts and ensuring that assistance reaches those in need promptly.

SpaceX's Challenge: While Musk's offer to support communication links with aid organizations appears altruistic, it is not without its challenges. SpaceX has yet to provide details on how it plans to ensure that the Starlink connection will be exclusively used for humanitarian purposes and not exploited by groups like Hamas. The political complexities of the Israeli-Palestinian conflict add another layer of difficulty to this endeavor.

Israel's Response: Israel's communication minister, Shlomo Karhi, wasted no time in expressing the government's strong opposition to SpaceX's involvement in Gaza. He raised concerns that Hamas could use the service for "terrorist activities." Karhi even suggested that Musk should consider conditioning the service on the release of Israeli-

citizens who are currently held captive. Furthermore, he threatened to sever any ties with Starlink if the service proceeds.

Musk's History of Support in Conflict Zones: It's important to note that this is not the first time Elon Musk and SpaceX have extended support during a conflict or crisis. In the Russia-Ukraine war, when Ukraine's communication infrastructure was severely damaged, the Ukrainian government sought SpaceX's Starlink for its satellite internet coverage. This service was instrumental in helping civilians and government officials maintain connectivity in the war-torn region, despite attempts by Russian forces to disrupt it.

However, Musk's stance on these matters can be inconsistent. While he provided support to-

Ukraine, he also declined to extend coverage over Russian-occupied Crimea, refusing to allow his satellites to be used for Ukrainian attacks on Russian forces in that region.

Elon Musk's announcement that SpaceX's Starlink will support communication links with aid organizations in Gaza has sparked controversy and strong opposition from Israel. The situation is further complicated by the ongoing conflict in the region and the potential for the service to be exploited for political or military purposes. As this story continues to develop, it remains to be seen how SpaceX will address these concerns and the potential consequences of its involvement in this volatile region.

Travel and Tourism

Omar Hamdan
Qatar International School

Vacations, holidays, relaxation. All words synonymous with travel and tourism. A chance to escape reality and explore the cultures and open your senses up to new experiences. We can only ever experience these by visiting countries and residing within them, living life as though you were one of the residents yourself. Mahatma Gandhi even said "A nation's culture resides in the hearts and in the soul of its people". By allowing ourselves to explore these cultures we allow ourselves to become better, more well rounded humans, able to understand all different points of views. Knowledge if only obtained from one source becomes stagnant and useless, however when taken from multiple sources not only begins to enrich you but the information begins to complete each other. Travel and tourism should serve as the gateway to this merge of worlds, a pathway to unite people through learning and respect. Each



place in the world contains its own rich and diverse history if only we open ourselves up to it.

Without a doubt however, there is a second benefit for travel and tourism and that is the incredible opportunities especially in up and coming countries, with the greatest and most obvious being the most recent world cup hosted in 2022, this chance for the small peninsula to rise up and step forward on the biggest stage of all, with mounting pressure Qatar was able to come through and provide what many consider to be the greatest world cup tournament in history to date. This



was no small achievement yet what spurred from it was an unparalleled rise in tourism rates that allowed the country to diversify its business and generally boost the economy. This should only serve as encouragement to any countries thinking of opening their borders and taking the chance to allow the world to observe your people and way of life.

To conclude, we must not squander the chance that we are in today, we as people are able to travel from continent to continent with ease, arriving in a matter of hours, travel has never been easier with the help of airfare and so this is a chance, a sign, to enrich ourselves and for us to feast upon others way of life, and how life was experienced in their eyes.

The F1 Experience

Jaidaa El Gharbawy
Qatar International School

Attending a Formula 1 Grand Prix is an extraordinary experience that enriches one's life in profound ways. It offers a unique blend of speed, precision, and unwavering dedication, which serves not only to inspire but also to provide a sensory immersion that remains etched in memory.

As a spectator, the Formula 1 Grand Prix offers a sensory feast. The deafening roar of the engines, the distinct scent of burning rubber, and the spectacle of these cutting-edge racing machines hurtling around the circuit create an unparalleled adrenaline rush. It's an immersive encounter that lingers in one's memory long after the event concludes. The ambiance at the track is electric, with the collective cheers of the crowd resonating in the air as the cars zoom by. This experience heightens one's appreciation for the marvels of technology and human ingenuity on display.

One of the most striking facets of the Formula 1 Grand Prix is the opportunity to witness the



dedication of the drivers up close. These athletes are not simply steering vehicles; they are pushing the boundaries of human capability. Their commitment to mastering their craft and their unwavering determination to achieve success are profoundly inspiring. It underscores the power of perseverance and the pursuit of excellence. Whether it's Lewis Hamilton, Max Verstappen, or any other driver on the grid, their capacity to concentrate, surmount obstacles, and strive for perfection offers a lesson in commitment and resilience. Their stories serve as a source of encouragement to push one's own limits and aspire to greatness in one's own pursuits.

Moreover, the interactions with fellow racing enthusiasts at a Formula 1 Grand Prix are a unique source of enrichment. Whether bonding



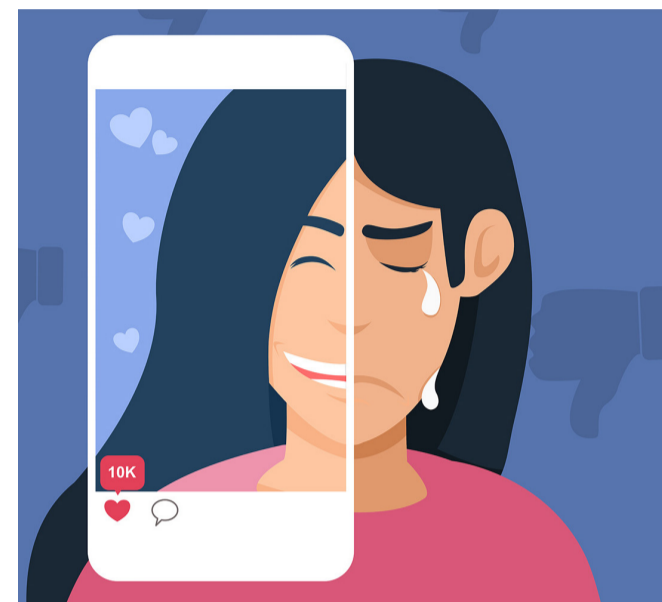
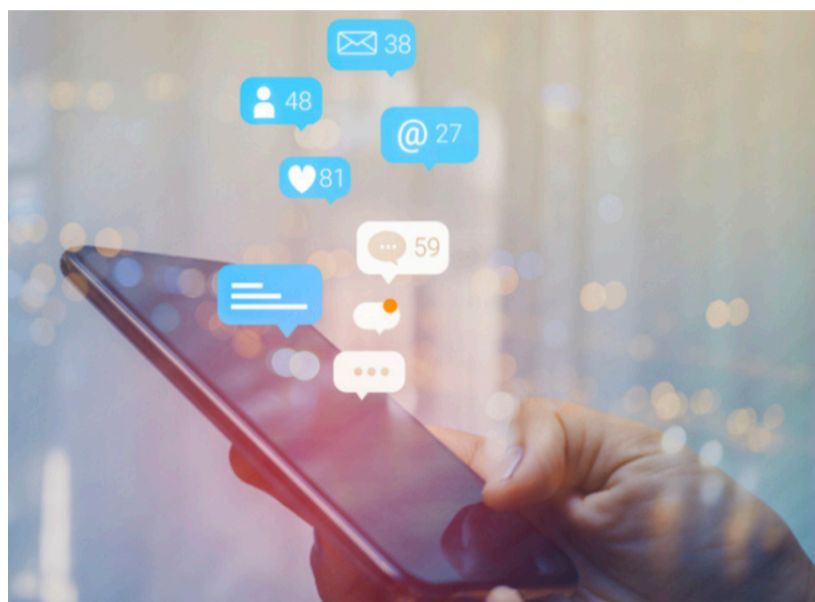
over a shared admiration for a specific team, discussing race strategies, or simply celebrating remarkable overtakes, these interactions foster a sense of community and camaraderie. It's an opportunity to connect with individuals from diverse backgrounds, cultures, and experiences, all united by a common passion. The shared enthusiasm, the collective expressions of awe, and the joint celebrations of remarkable racing moments create a unique sense of belonging. It serves as a reminder that, despite differences, unity can be found in shared passions.

The Formula 1 Grand Prix represents more than a race; it encapsulates the unwavering human spirit's quest for excellence and the celebration of a shared ardor for speed and competition.

The Influence of Social Media On Mindset

Jaidaa El Gharawy
Qatar International School

One of the most noticeable ways social media affects our mindset is through the constant exposure to different viewpoints. Social media platforms connect us with people from various backgrounds and cultures. This exposure has the potential to broaden our horizons and help us become more empathetic. For instance, when we follow individuals or groups advocating for social justice, we become more aware of societal issues and develop a more compassionate mindset. However, this diverse exposure also has its downside. It's common for people to engage with content that aligns with their existing beliefs, leading to information bubbles. This can reinforce our current biases and limit our ability to think critically and objectively. In other words, it can narrow our perspective. Additionally, social media platforms utilize algorithms to curate content. These algorithms analyze our behavior and preferences to show us what they think we'd like. While this enhances our user experience, it can also lead to a filter bubble. We only see content that aligns with our existing mindset. Over time, this can create a rather narrow view of the world. The aspect of comparison plays a significant role in shaping our mindset. People often present the highlights of their lives on social media, creating an unrealistic perception of reality. This can lead to feelings of inadequacy, as we perceive our lives as less glamorous. This can create a mindset driven by envy and insecurity, where we continuously seek validation from others. Moreover, the constant use of social media can negatively impact our mental health. Numerous studies have established a connection between excessive social media use and mental health issues such as anxiety and depression. The pressure to maintain a flawless image and the fear of missing out can take a toll on our mental well-being. This, in turn, shapes a mindset characterized by stress and dissatisfaction. Nevertheless, social media



also offers inspiration and motivation. Many individuals and communities use these platforms to share their personal success stories, growth journeys, and motivational content. This can inspire us to work on self improvement, set goals, and persist in our efforts. For example, fitness enthusiasts on platforms like Instagram motivate others to lead healthier lives. Social media also plays a pivotal role in raising awareness and driving social change. Movements like the ones against brands which support Israel, which gained substantial momentum through social media. Many individuals looking to support

Palestine choose to boycott these brands like Mcdonalds, Burger King and Starbucks etc to help prevent financial aid to Israel. This shows how social media can shape a mindset that is more socially conscious and inclined toward activism. It empowers individuals to become part of larger causes and take action. In times of crisis and emergencies, social media has become an essential tool for disseminating information. It helps coordinate disaster relief efforts, share critical updates, and provide support to affected communities. This can shape a mindset characterized by social responsibility and a willingness

to assist others during difficult times.

The impact of social media on mindset largely depends on how we use it. It's essential to be mindful of our online interactions, curate our digital environments, and use social media as a tool for personal growth, activism, and positive change. Understanding and managing the influence of social media on our mindset can help us maximize its potential for good while minimizing its negative effects.

QLC in the Past..

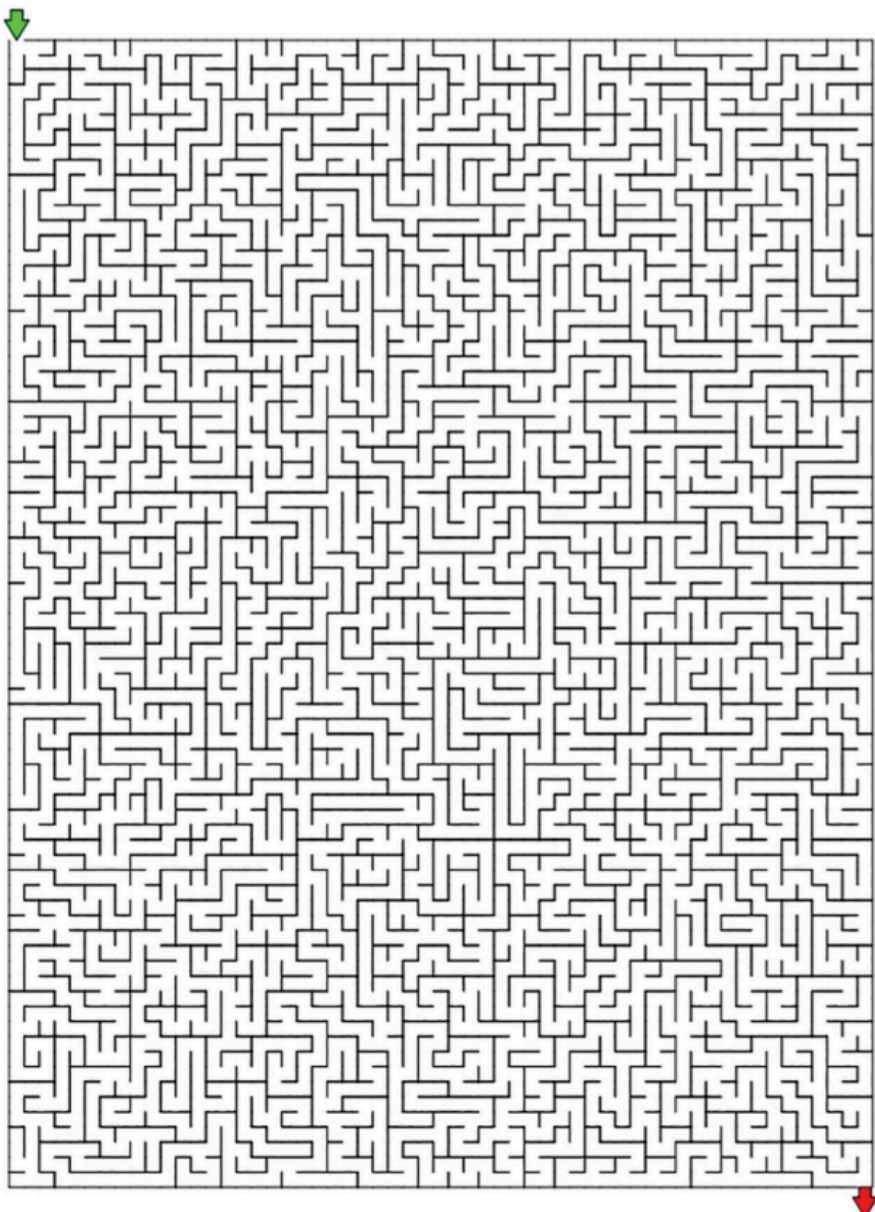


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